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All by Retirement and Emeriti Association Members
Joe Smith, Paraguayan Harp, & Danny Green, on Keyboards
Three Gourmet Food Trucks and a strolling Juggler too!
Please RSVP to RetireeLink@ucsd.edu by May 10, 2013

Triton 5 K Race for the Future
Saturday, June 8, 2013 at 9 AM
The Triton 5K (formerly the Chancellor’s Challenge 5K Run/Walk for Scholars) has been reimagined. The annual race will feature a new course, Kids Fun Run, event festival, healthy living fair and more!
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NOTE: You DON’T have to run or walk, if you’d rather not. You can still support the team, and student scholarships, by registering to participate for only $20.00.

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We’ve still got a few spots left for this interesting tour. RSVP today, if you’d like to join us! It doesn’t get much more interesting than this one! This tour was so popular the last time we offered it, it filled up in 10 days. A few of our lucky RA members will have the chance to participate in a fascinating “behind the scenes” Tarmac Tour of the San Diego International Airport, with a special docent who will share terrific tidbits of information as well as amazing anecdotes. This tour is Free, but we are limited to only 25 UCSD Retirement Association members, so get your RSVP in quickly to assure a spot.
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SOCIAL SECURITY WORKSHOP
with Ryan Hyslop
Wednesday, May 22, 11:45 AM - 1:15 PM
at the UCSD Retirement Resource Center
Please RSVP, one week prior to the seminar.
Email us at: RetireeLink@ucsd.edu or call at (858) 534-4724.

Key decisions you make about Social Security have the possibility of making a very significant difference in your lifetime retirement income. Come and learn how to get maximum benefits out of Social Security. Also, is your 65th Birthday fast approaching, and you still don’t know what you’ll need to do, or what you will receive with Social Security? Attend this helpful seminar just for our members and get all the info you need about signing up and benefits. Bring all of your questions about Social Security and get answers.

Compassionate Real Estate Guidance for Older Adults & Aging Parents
Thursday, May 30  ∞  11:45 AM - 1:15 PM  ∞ at the RRC

Join us for this very informative presentation about issues and solutions regarding real estate choices as we age. Our presenter is San Diego-based Realtor, Ronald Greenwald. Mr. Greenwald is a certified Senior Real Estate Specialist (SRES) and Probate Real Estate Specialist (CPRES), and also holds a Masters Business Administration (MBA). In addition to his diverse educational qualifications, he is equipped with years of experience in helping older adults with real estate in the San Diego area.

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No matter what the reasons are for this transition, it can be an overwhelming experience for those involved. There are many things to consider from disposing of unwanted personal property and preparing the property to sell, to dealing with various professionals and finding a new home. Realtor Ron Greenwald will discuss the many options and choices that seniors are faced with as they age, as well as provide expert assistance and information about these choices.

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My first feeling, as I am a long distance runner and race spectator, is that I am MAD. Mad that someone(s) could make an otherwise triumphant moment into a bad dream for so many people, and to create this bad dream at one of the most prestigious running events on the planet. Even without such a disaster the finish of a marathon is a very special moment. Whether you finish the race in 2 hours 9 minutes or 6 plus hours it is the fulfillment of a dream for which you have been training for four or five months.

As you approach the finish line you have so many emotions about accomplishing a goal what ever it is. For some it is just to finish, for others it is to set a personal best.

Some people run for themselves, others run in honor or memory of a loved one, and still others run for a cause. Regardless of the reason why someone runs, they do and at the end of the race there is usually relief, joy, pride, happiness, accomplishment, and celebration. Celebration which involves you finding your loved ones and them finding you in the crowd and then BAMB – this is all disrupted by the unthinkable!

Not to think that running is the end all and be all I am also SAD. I am so sad that there are people in this world who would do such a horrible act. What could possibly cause someone to build, and set off, a bomb? I am also sad for the loss of life, and limb, of so many innocent people. To think of all the unsuspecting children, friends, family members, people there to be supportive and have fun on a state holiday being the recipients of such a heinous crime. It is unthinkable. The fact that this did happen is so disruptive to everyday life it has been a few hard days for me, and in some way(s) for you, but that pales in comparison to the victims of the event. Their lives, and those of their family and friends, have been changed forever.

With the above in mind, please tell people you care about them, try to get them help if needed; we all need to come together, yet again, to support each other and not let, yet another, public tragedy dampen our spirits in the days and weeks to come. Please also think more seriously about signing up for the Triton Family run on June 8th to show our support for UCSD scholarships.

Is it at times like this that I am thankful for the Retirement Association and all the people who participate in the activities it has to offer. To have events at the ready in which to take part is very healing at a time of collective sorrow.

Until next month, I am,

Linda Levy

It’s Time to Renew Your Membership!
Just a quick note to let you know that renewal invoices will be going out to our annual members in mid-May. Please help us to be productive by sending in your renewal payment promptly. Now with 1,525 members, and just a little more staffing than when we had only 550 members, we need you, our members, to help us be more efficient by sending in your renewal promptly, thereby helping us to avoid having to send out multiple reminders to late payers. We sincerely thank you for your continued membership and support of the UCSD Retirement Association, and hope you enjoy being a part of this community.
**Investment Interest Group**

Join our next Investments Interest Group, the fourth Tuesday in May (May 28), from 12 noon to 1:15 PM, where we’ll continue our study and discussion of hot investment topics with our facilitator, Ryan Hyslop, who helps us to better understand the stock market, investment analysis and broad market interpretation. RSVP to RetireeLink@ucsd.edu or by phone (858) 534-4724.

**Writing Interest Group**

Talented writer and Writing Group Facilitator, Sam Goldstein, helps participants learn to craft better stories, poems and memoirs. Email Don dwilkie@ucsd.edu to join.

**Japanese Friendship Garden Tour**

Balboa Park

**Tuesday, May 28  ~  10:00 AM to Noon**

Join other UCSD Retirement Association members for a leisurely tour of the garden. For only $3.00 enjoy a docent led tour of this Japanese style garden which has a 1915 Tea Pavilion. The garden was named in honor of the San Kei-En Garden in Yokohama and is an expression of the ties between the people there and in San Diego. San Kei-En means “Three Scene Garden” - Water, Pastoral and Mountain. The garden is located at 2215 Pan American Road E, 92101, in Balboa Park next to the Organ Pavilion. RSVP to RetireeLink@ucsd.edu, or call (858) 534-4724, to let us know you are coming.

**Put Pain in Its Place:**

**How to Get Osteoarthritis Pain Under Control**

**Monday, May 20  ~  11:45 AM - 1:15 PM**

Join us for this informative session on Osteoarthritis. Osteoarthritis is one of more than one hundred types of arthritis, and affects more than twenty-seven million people in the United States. The pain associated with the disease can take control of a person’s life if they do not have the tools to manage it. Put Pain in Its Place will empower people to take action and live life to its fullest. This presentation is a program to educate people about managing osteoarthritis pain. This seminar will be presented by Sandra Hayhurst, M.A., Senior Program Director, Arthritis Foundation, Pacific Region, San Diego Branch. RSVP to RetireeLink@ucsd.edu, or call us at (858) 534-4724.

Then, meet up in front of the entry at 10 AM on Tuesday, May 28 for a delightful morning.

**The UCSD Retirement Assn Spanish Group**

Join us on the second Monday of each month, from 10 AM to 11 AM, for an hour of Spanish conversation, with our very own Maestra, UCSD Retirement Association member Irene Serrano.

**La Maestra, Irene Serrano**

**International Film Series: a Palestinian Film**

**Sunday, June 9, 2 PM to 5 PM at the RRC**

Join us for the next film in the UCSD Retirement Association’s International Film Series, presented to us by Associate Professor Gary Fields, on Sunday, June 9, from 2 PM to 5 PM. This event is for members only. Please RSVP for this special film: RetireeLink@ucsd.edu.

**Professor Gary Fields**

Back again for the third time presenting to the RA International Film Series, Professor Fields will share another thought-provoking film (film title to be announced) dealing with the many issues surrounding the sharing of areas encompassing the West Bank, Gaza Strip and Israel among the competing populations inhabiting these lands.

Please RSVP by email to: RetireeLink@ucsd.edu or call (858) 534-4724.

Bring a snack to share. Our popular international film series is reserved for ONLY Retirement & Emeriti Association members.

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**Fun Happenings**

**Faculty Lecture: Did Mozart have Tourette’s?**

**Presented by Professor Emeritus, Henry Powell**

**Thursday, June 6  ~  11:45 AM - 1:15 PM  ~ at the RRC**

Wolfgang Mozart is celebrated for writing some of the most beautiful music ever composed. At the same time readers of his enormous personal correspondence have been surprised to find so many scatological comments in the letters written by the four members of the Mozart family. One LA based doctor has gone so far as to say Mozart may have suffered from Tourette’s. But many medical biographers disagree and there is a better explanation. Mozart was born more than two centuries ago and there are more than eight million items about him on the internet, besides almost every piece he ever wrote is continually performed. Mozart’s health and creativity will be the main points of this presentation during which some brief musical examples from recordings will be included in the discussion.

RSVP by email to attend this absolutely fascinating lecture: RetireeLink@ucsd.edu, or call (858) 534-4724, to save a seat. We expect this lecture to fill up early, so be sure to RSVP quickly.

**UCSD-RA Fiction Book Club**

meets on the last Wednesday of each month, from Noon - 2:30 PM, at a member home. Come join the discussion. Let us know you’re coming: RetireeLink@ucsd.edu or call (858) 534-4724 to join the Book Club. In May, we’ll read: “The Amazing Adventures of Kavalier & Clay” by Michael Chabon. This novel won the Pulitzer Prize for fiction in 2001.

Talented writer and Writing Interest Group Facilitator, Ryan Hyslop, who helps us to better understand the stock market, investment analysis and broad market interpretation. RSVP to RetireeLink@ucsd.edu or by phone (858) 534-4724.

**Keeping up with our “Interest Groupies”**

Join other UCSD Retirement Association members and continue the conversation, with our very own Maestra, UCSD Retirement Association member Irene Serrano.

**RSVP to RetireeLink@ucsd.edu, or call (858) 534-4724.**
A great way to kick off your summer with Association friends! Enjoy a delicious lunch, friendly conversation and a fabulous performance of the Danny Green Latin Jazz Combo. Reservations (form on page 6) are due by June 1, 2013. Please return it along with your completed ballot.

See you there!
Ballot for 2013-2014 Association Board of Directors

As recommended by Association Nominating Committee chair Nancy Groves, in accordance with the RA's By-laws and as approved by the RA Board of Directors, the following slate is presented for your vote of approval:

Directors - Term ends June 2014
► Linda Firme
► E. Kay Meschko
► Jacqueline Edwards
► Rosalee Kitaen
► Edwina Riblet

Directors - Term ends June 2015
► Kirk Gardner
► Gail Geddes
► Robert Starkey
► Renee Barnett-Terry
► Patricia Nelson

Where annual elections end, there slavery begins.  
John Quincy Adams

B A L L O T

MEMBER BALLOT  Please initial both

Member Name: _____________________________
I approve the above slate _____________________

SPOUSE or DOMESTIC PARTNER MEMBER BALLOT

Member Name: _____________________________
I approve the above slate _____________________

We need your vote! Please return your completed ballots to:
UCSD Retirement Association, 9500 Gilman Drive, La Jolla, CA 92093-0020

Ballots must be returned to the RA by May 26th

RESERVATION FOR THURSDAY, JUNE 20, - ANNUAL MEETING & LUNCHEON

Cost is $25 per person (see page 6 of this newsletter for more information)

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Enclosed is my check made payable to "UCSD Retirement Association" in the amount of $__________ ($25 per person). Mail to UCSD Retirement Association; 9500 Gilman Dr.; La Jolla, CA 92093-0020

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